

Getting The Most for the Hour: Diversification of the Supervision Hour

The supervision hour may be structured to meet *simultaneously* the requirements of multiple state licenses and/or cognate groups. The supervisee should have such intent and contract for this learning goal at the outset of supervision in order to make the best use of one's time, effort and money. Applications should be made to state regulatory boards and allied cognate groups at the outset of supervision to avoid possible delays and other complications.

Key in counting the supervisory hour with diverse regulatory boards and cognate groups is the supervisory credentials of the supervisor. Here are *some* examples.

Marriage and Family Therapy:

As an American Association for Marriage and Family Therapy (AAMFT) Approved Supervisor, Dr. Pruett's supervision will count for persons seeking LMFT. Some states require supervision for this license from a Licensed Supervisor for Marriage and Family Therapist Supervisor (LMFTS) a designation that he holds. These AAMFT Approved Supervisor and LMFTS designations also mean that Dr. Pruett is authorized to offer mentorship and supervision for supervisors seeking these credentials.

Professional Counseling

Regulatory boards recognize this discipline with diverse licenses including Licensed Professional Counselor (LPC) and Licensed Clinical Mental Health Counselor (LCMHC). Some states require that a Licensed Supervisor provide supervision for these respective licenses for Professional Counselor (LPCS) or Licensed Clinical Mental Health Counselor Supervisor (LCMHCS). Dr. Pruett holds both of these designations. The Center for Credentialing and Education (CCE) awards the credential Approved Clinical Supervisor (ACS) which Dr. Pruett also holds. These states indicate that this designation is "a supervision credential of choice":

Alabama	Colorado	Iowa	Nevada	Rhode Island
Arizona	Florida	Maryland	New Jersey	South Dakota
Arkansas	Georgia	Mississippi	Oregon	Tennessee

<https://www.global.org/credentialing/acs/w.cce->

Pastoral Psychotherapy

These six states have separate or umbrella regulatory boards pertinent to pastoral counseling and psychotherapy: Maine; New Hampshire; North Carolina; Tennessee, Kentucky and Arkansas.

Dr. Pruett is a Tennessee Licensed Clinical Pastoral Therapist (LCPT) and a North Carolina Certified Fee-Based Practicing Pastoral Counselor (CFBPPC). Thus, he is able to supervise pastoral psychotherapists in these states. His being a Diplomate (supervisory) in the historic American Association of Pastoral Counselors and College of Pastoral Supervision and Psychotherapy extends his supervisory credibility to the other four states.